



ST. JOSEPH'S CARE GROUP

St. Joseph's Care Group

PRESENTATION TO NORTH WEST REGIONAL FORUM

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St. Joseph's Care Group

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*Care
Compassion
Commitment*

Outline

- Overview of St. Joseph's Care Group
- Supportive Housing Initiatives for Specialized Groups:
 - Seniors
 - People with Physical Limitations
 - People Living with Mental Health and/or Substance Use Issues
- Challenges and Opportunities
- Key Learnings
- Future Considerations



St. Joseph's Care Group

Mission

St. Joseph's Care Group is a Catholic organization that identifies and responds to the unmet needs of the people of Northwestern Ontario, as a way of continuing the healing mission of Jesus in the tradition of The Sisters of St. Joseph of Sault Ste. Marie.

Vision

A leader in client-centred care.

Values

- Care
- Compassion
- Commitment



ST. JOSEPH'S CARE GROUP

Programs and Services

- **Addictions and Mental Health**
 - Community Mental Health (St. Joseph's Health Centre)
 - Concurrent Disorders (Sr. Margaret Smith Centre & Balmoral Centre)
 - Mental Health Rehabilitation (Lakehead Psychiatric Hospital)
- **Rehabilitative Care and Chronic Disease Management**
 - Inpatient Complex Care & Rehabilitative Care (St. Joseph's Hospital)
 - Outpatient Rehabilitative Care & Chronic Disease Management
- **Seniors' Health**
 - Long Term Care Homes (Bethammi Nursing Home & Hogarth Riverview Manor)
 - Seniors' Housing & Support Services



People Served

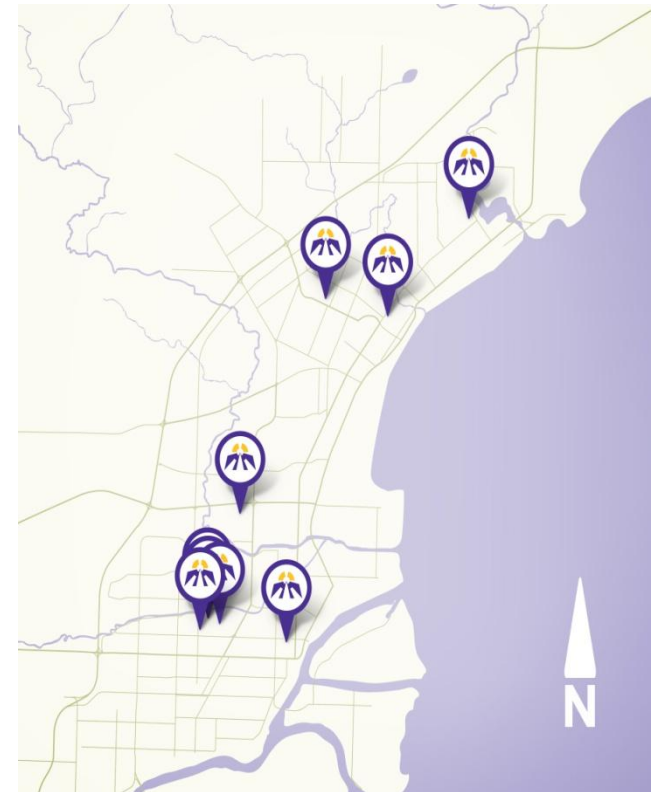
- Total Inpatient Beds: 288
- Total Nursing Home Beds: 656
- Total Supportive Housing Spaces: 344
- Total People Served: 24,000 clients/year



Our Sites

- St. Joseph's Hospital (Corporate Office)
- Balmoral Centre
- Behavioural Sciences Centre
- Hogarth Riverview Manor
- Lakehead Psychiatric Hospital
- Sister Leila Greco Apartments
- Sister Margaret Smith Centre
- St. Joseph's Health Centre
- St. Joseph's Heritage

Thunder Bay, Ontario



Multiple Supportive Housing Initiatives

Target Populations

- Seniors
- People with physical limitations
- People living with substance use and/or mental health issues



Supportive Housing for Seniors

- 313 Tenant Apartments over 2 sites
 - PR Cook Apartments – Heritage Site – 181 Units
 - Sister Leila Greco Apartments – Lillie Street site – 132 Units
- Tenants are 65 years or older
- 50% of the units qualify for Rent Geared to Income support
- Provide either low, medium or high support services based on CCAC assessment of need (20-31 support hours/month)
- Significant waiting list for both apartments
- Wait time varies dependent on level of support services required, i.e. up to 12 months
- Primary Purpose: Support seniors to maintain their independence as long as possible



Supportive Housing for Seniors (cont'd)

Sister Leila Greco Apartments

- Opened in January 2013
- Capital Funding
 - Ministry of Housing - grant program
 - City of Thunder Bay - property tax forgiveness
- The site is not subject to development agreement



Supportive Housing for People with Physical Limitations

Overview

- Focused on the needs of long stay inpatients (St. Joseph's Hospital) who could live in the community with appropriate supports
- SJCG partnered with the North West Local Health Integration Network (NWLHIN), Brain Injury Services of Northern Ontario (BISNO) and Handicapped Action Group Incorporated (HAGI) to develop accessible housing units to support people to live in the community
- 6 units were established for BISNO and 9 Units for HAGI within McKellar Place
- The NWLHIN contributed capital and operating funds
- Project was implemented over an 8-month timeline



Supportive Housing for People with Physical Limitations (cont'd)

Outcomes

- Supported 15 inpatients to live in the community, with supports
- The clients are very satisfied
- Facilitated “flow” within the hospital system
- The project now receives annualized funding
- The partnership with BISNO and HAGI was critical to success of this initiative



Supportive Housing for People Living with Mental Health and/or Substance Use

Background

- Historically, people with serious and persistent psychiatric issues “lived” in hospital for extended periods
- The introduction of psychotropic medications alleviated psychiatric symptoms
- Research demonstrates that people with a mental illness can live meaningful and healthy lives in the community and they will continue to recover



Supportive Housing for People Living with Mental Health and/or Substance Use (Cont'd)

Supportive Housing Models

- Medium Support Housing
 - Wilson Place (18 spaces) and Pioneer Court (12 apartments)
 - One, two and three bedroom apartments
 - Support staff on site 24 hrs/day
 - Clinical staff visit clients
- High Support Housing
 - 4 homes within the City of Thunder Bay (23 spaces)
 - Congregate living supporting 6 clients per home
 - On-site clinical and support staff 24 hrs/day





ST. JOSEPH'S CARE GROUP

SUPPORTIVE HOUSING

People with a mental illness can live in the community



Pioneer Court



Franklin Manor



Wilson Place



Ward Manor

Supportive Housing for People Living with Mental Health and/or Substance Use (Cont'd)

Housing Partnerships

▪ Northern Linkage

- St. Joseph's Care Group has partnered with Northern Linkage to develop housing projects
- Northern Linkage owns and maintains the housing properties
- SJCG provides on-site support services
- SJCG & TBRHSC provide clinical services



Supportive Housing for People Living with Mental Health and/or Substance Use (Cont'd)

Housing Partnerships

▪ Homes for Special Care

- Tri-partnership with MOHLTC, Home Operators and SJCG
 - Home Operators provide 24-hr/day supports and property management
 - SJCG provides clinical services
 - MOHLTC provides funding
- Transformation processes underway



Challenges and Opportunities

Challenges

- The need for supportive housing is outstripping the current supply and this is expected to widen
- Upfront investment can be significant (capital)
- The “right” type of facility is difficult to find
- Operating funds for clinical and support services is required

Opportunities

- Ministry of Housing Vision
“Every person in need has quality, safe and affordable supportive housing to live as independently as possible in a community setting”
- Inter-ministerial work on supportive housing will continue
- Community agencies, within and external to healthcare, are interested and willing to forge new partnerships



Key Learnings

- Partnerships are critical
- We need to identify and leverage the strengths of each partner
- Support of funding agencies is vital
- We must include clients and family members in every step of our planning processes



Future Considerations

- We need to establish efficient models of care while continuing to respect the unique needs of each person
- SJCG and Northern Linkage have been exploring a new model of care to integrate High and Medium Support housing on one site to better meet the needs of people with complex health, mental health and substance use issues (Andras Court)
- All new initiatives require support by funders to be successful (capital and operating)
- Opportunities with the Salvation Army are being explored
- We need to build strong partnerships with other health and social service providers, including DSSAB, Shelter House, police, etc.



Questions/Discussion

- How can we build new partnerships and enhance current partnerships?
- How can we achieve the vision of eliminating homelessness by 2026?
- Other questions/discussion

